2018 Impact Report
# Table of Contents

2018 Highlights .......................................................................................................................... 3
Addition of Community Engagement Work .................................................................................. 4
2018 Community Engagement Activities ....................................................................................... 6
How Do We Determine Impact? .................................................................................................. 7
Family Estate Planning Series ....................................................................................................... 8
100% Giving Board ...................................................................................................................... 9
High School Giving Circle ......................................................................................................... 10
Partnership Grants ...................................................................................................................... 11
  What Comes After Partnership Grants? ..................................................................................... 11
Workforce Housing .................................................................................................................... 12
The Village on Sage Street .......................................................................................................... 13
Overview of the Initiatives Process ............................................................................................. 14
Caregiver Support Initiative ........................................................................................................ 15
Honor Jones: Family Caregiver and Volunteer ............................................................................ 18
Community Conversation on Caregivers in the Workforce .......................................................... 21
Youth Network Initiative ............................................................................................................. 22
Creating a Network of Mentoring Agencies ................................................................................. 23
Annual PA Seminar & Educational Activities .............................................................................. 24
Community Collaborations ......................................................................................................... 25
Looking Ahead ............................................................................................................................. 26
  Financial Abuse Initiative ........................................................................................................ 26
  Nonprofit Academy ................................................................................................................... 26
  Village on Sage Street .............................................................................................................. 26
Appendices.................................................................................................................................... 27
2018 Highlights

“As I see it, the Community Foundation is one of the most empathetic, caring, community-minded organizations there is.”
Honor Jones, Caregiver Support Initiative Steering Committee Member

Caregiver Support Initiative
• 10,500 copies of the Washoe Caregivers Guidebook distributed at more than 100 community locations
• 94% of family caregivers would recommend WashoeCaregiver.org to another caregiver
• 80.95% of family caregivers feel more prepared to communicate with health care professionals

Workforce Housing
• Community Housing Land Trust Established
• Development of the Village on Sage Street: A Collaboration of the Community Foundation, Volunteers of America and the City of Reno
  ○ Construction of 200 affordable units is 70% complete

Family Estate Planning Series
• 84% of participants felt more prepared to leave a legacy for their family by participating in the series
• Participants’ knowledge of estate planning increased by 68% on average
• 80% of participants felt less stressed about estate planning after participating in the series

100% Giving Board
• 72 organizations received the award and 903 board members contributed a total of $2,710,545

High School Giving Circle
• 96% of students will list their participation on college applications
• 95.65% of students are now more likely to volunteer
• 82.6% of students are now more likely to donate more or make an in-kind donation

Partnership Grants
• 5 organizations received a collective $52,627

Nevada Mentors
• 7 youth mentoring organizations have combined efforts to collectively recruit volunteers to benefit youth in our community
Addition of Community Engagement Work

The Mission of the Community Foundation, to connect people who care with causes that matter, was, since our establishment in 1998, on a path to a community leadership role. Very early in our history, the Foundation worked with KNPB and area charities to establish a financial planning series for residents, created a 100% Board Giving program to increase giving, helped Found the Planned Giving Round Table, and participated in and was supportive of numerous groups and community efforts. Early in 2012 we conducted an extensive internal and external organizational assessment. The data revealed that there is a recognition and an understanding within the community of the Foundation’s potential to address significant community problems and to empower the public.

Indeed, there is an expectation on the part of some people that the Foundation is ready and should assume that role. Already we found that the Foundation was seen and understood as a legitimate player, and indeed as a leader and a trusted resource and ally, in addressing persistent and unresolved problems.

At a board retreat later that year the board, for the first time, amended our mission to add the words “and leadership”. That small change became a tsunami of changes within the Foundation as we incorporated new responsibilities on committee and staff job descriptions. We developed a framework for community leadership, detailed plans for initiative selection, operation, and evaluation, identified expansive lists of community connectors and stakeholder. By the end of the year we selected homeless youth as our first formal initiative that would involve large-scale public convenings.

From that point things progressed rapidly, with new websites and community resources developed such as renoyouthnetwork.org and nevadamentors.org, public events like a film screening of the Homestretch film, and the Eddy House opened the Youth Resource Center downtown. We engaged our first VISTA in 2014 and by 2016 Nick had joined the staff as our first Initiatives Director. All the Foundation’s two-dozen “community leadership” activities were grouped into a new department. We continued our expansion with the launch of the Caregiver Support Initiative, and created WashoeCaregivers.org, the Washoe Caregivers Guidebook, and a toolkit for employees who are family caregivers.

We lead and collaborate on activities that are extensive and comprehensive. In 2017, we printed our first Community Impact Report and continue to refine and expand our data.
collection and measurement to ensure effective programs and impact to thousands of residents. Through the formation of a new Board Committee and expansion of the VISTA volunteers, our capacity and professional abilities have increased. New involvement of more than a dozen companies through the Corporate Philanthropy Partnership has supported, and challenged, the Foundation to do more, and as a result we’ve expanded into low-income housing and will be working on a new initiative to help people who are victims, or potential victims, of financial abuse.

We’re developing new resources, thanks to a generous community, such as the Community Endowment Fund, and will continue our expansion into more effective giving by leveraging partnerships, becoming engaged in advocacy, and strengthening area charities through new programs such as the Nonprofit Academy for new executive directors. We see all of this as more than leadership… indeed, it is community engagement, and we are very glad to be of service.

**Christopher P. Askin**  
**President & CEO**  
**Community Foundation of Western Nevada**
2018 Community Engagement Activities

Convening
- Caregiver Support Initiative
  - WashoeCaregivers.org
  - Washoe Caregivers Guidebook
  - Caregiver Employee Toolkit (2019 Launch)
- Youth Network Initiative (You’N-I)
  - RenoYouthNetwork.com
  - NevadaMentors.org
- Financial Abuse Initiative (2019 Launch)
- Corporate Philanthropy Partners
  - Corporate Philanthropy Partners News Brief
- Funders Network

Educating
- Family Estate Planning Series
- High School Giving Circle
- Partnership Grants
- 100% Giving Board Award
- Annual Professional Advisor Seminar
- Partnership Grants
- Nonprofit Academy (2019 Launch)
- Gift Law/Gift Legacy Weekly Column
- Annual Report
- Community Matters Monthly E-News
- Association of Fundraising Professionals
- Planned Giving Round Table of Northern Nevada
- Estate Planning Council

Collaborating
- One Truckee River
- Truckee Meadows Healthy Communities
- Nevada Lifespan Respite Care Coalition
- Prepare to Care
How Do We Determine Impact?

Community Engagement
Engaging our community is the first step in creating impact. We are a neutral convener and have a place for everyone who cares and wants to strengthen our community. We recognize the best ideas can come from outside our office. Those directly affected by the issue are our subject matter experts in our initiatives – whether they are youth who are homeless, family caregivers, or people who have been impacted by financial abuse. Similarly, we listen to high school students and let them tell us, and the community, which causes and organizations are most important to them. We learn from local governments, developers, and builders, about what can be done to expand workforce housing that is affordable.

Action
Community engagement is incomplete without action. We gather our community to develop tangible solutions. Local attorneys generously teach classes on estate planning pro bono. Family caregivers compiled resources and shared their experiences so other caregivers can find help and quality information. Mentoring agencies come together to collectively recruit volunteers to ultimately help youth who are at-risk.

Evaluation
Evaluation is essential for determining impact. We must objectively measure our work to see if we are making a difference. What does the data show? What are the results? In 2018, we added evaluations to many of our community engagement activities. Although some activities had evaluations in place before, we could not differentiate correlation from causation. We will continue our community engagement and action, but now evaluation will guide our process. If an activity is not producing its intended outcomes based on our evaluation, we will reassess our strategy. Throughout this report you will see our evaluation results, including items like increases in knowledge and behavior changes. If you are curious about our methodology, please review our evaluation results in the appendices. There is still more to do. Some of our activities do not have evaluation in place yet, but they will be added in 2019 and beyond. If you believe we missed something, or have an idea of how to enhance our evaluation, please call us at 775-333-5499.

Community Engagement + Action + Evaluation = Impact
Family Estate Planning Series

Engagement
The Family Estate Planning Series is a series of classes offered through a collaboration between the Community Foundation of Western Nevada, KNPB, and a dozen local charities. The classes cover financial topics, ideas and strategies not often discussed taught by volunteer professionals and

Action
There were two series offered in 2018: one in the fall and one in the spring. Classes covered estate planning, wills, probate and trusts, responsibilities of fiduciaries, executors and successor trustees, gift taxes, estate taxes, transfer taxes, powers of attorney, health care directives, Medicaid, protection of digital assets, and planned giving. 2018 saw its highest number of attendees yet, averaging about 100 total attendees per week.

Evaluation
- 94% of participants found new or interesting information on the presenting nonprofit organizations
- 99% of participants would recommend the Family Estate Planning Series to a family member or friend
- Average rating of the Family Estate Planning Series overall was 4.8 out of 5
- Participant’s knowledge on estate planning increased by 68% on average
- 33% of participants are more likely to leave a portion of their estate to charity as result of the Family Estate Planning Series
- 84% of participants felt more prepared to leave a legacy for their family as a result of the Family Estate Planning Series
- 80% of participants felt less stressed about estate planning as a result of the Family Estate Planning Series
- 89% of participants will create or change their will/trust/estate plan
- 76% of participants will hire an attorney to create their will/trust/estate plan

Limitations
While the Family Estate Planning Series has happened since 2010, it was not evaluated until Fall 2018. While surveys were collected that assessed participant feedback, there was no evidence that participant changes were the result of the series. We could not differentiate between correlation and causation. However, we updated our survey this year to measure how the series impacted members of our community.
100% Giving Board

Engagement
The Community Foundation awarded its eleventh year of 100% Giving Board Awards in 2018. The 100% Giving Board Award is given to nonprofits to recognize the charitable contributions by each member of the board of trustees. Board member’s personal financial contributions to the organizations they serve is critical in instilling confidence in the organization.

Action
This year, 72 organizations received the award. 903 board members contributed a total of $2,710,545. Congratulations to the boards of the following organizations:

- ACCEPT
- AFP-Sierra Chapter
- American Red Cross of Northern Nevada
- Animal Ark
- Artown
- Awaken
- Big Brothers Big Sisters of Northern Nevada
- Boys & Girls Club of Truckee Meadows
- Catholic Charities of Northern Nevada
- Challenger Learning Center of Nevada
- Child Assault Prevention (CAP) Project
- Children’s Cabinet, Inc.
- Community Foundation of Elko County
- Community Foundation of Western Nevada
- Community Health Alliance Foundation
- David J. Drakulich Foundation
- Education Alliance of Washoe County
- Envirolution
- ESL In-Home Program of Northern Nevada
- Feeding Pets of the Homeless
- FISH Emergency Referral Services
- Food Bank of Northern Nevada
- For Kids Foundation
- Friends of Nevada Wilderness
- Girl Scouts of the Sierra Nevada
- Great Basin Outdoor School
- Keep Truckee Meadows Beautiful
- KNPB, Channel 5 Public Broadcasting
- Mountain View Montessori School
- National Automobile Museum
- Nevada’s Center for Entrepreneurship & Technology
- Nevada Diabetes Association
- Nevada Educational Advocacy Center for Children & Youth (NEACCY)
- Nevada Humanities
- Nevada Land Trust
- Nevada Museum of Art
- Nevada Outdoor School
- Nevada Women’s Fund
- Northern Nevada Children’s Cancer Foundation
- Northern Nevada H.O.P.E.S.
- Northern Nevada International Center
- Northern Nevada Literacy Council
- Northern Nevada R.A.V.E. Family Foundation
- Project MANA
- Reno Jazz Orchestra
- Reno Little Theater
- Reno Philharmonic Association
- Reno Pops Orchestra
- Reno Rodeo Foundation
- Reno-Sparks Chamber of Commerce
- Renown Health & Renown Health Foundation
- Safe Haven Wildlife Sanctuary
- Sierra Music Society
- Sierra Nevada Journeys
- Sierra Watercolor Society
- Tahoe Fund
- Tahoe-Pyramid Trail
- Tahoe Rim Trail Association
- Terry Lee Wells Nevada Discovery Museum
- TheaterWorks of Northern Nevada
- Trinity Episcopal Endowment Fund
- Truckee Meadows Parks Foundation
- Truckee Meadows Tomorrow
- United Way of Northern Nevada & the Sierra
- Urban Roots Garden Classrooms
- Veterans Guest House
- Volunteers of America, N. California & N. Nevada
- Washoe CASA Foundation
- Washoe Legal Services
- Women & Children’s Center of the Sierra
- Zawadisha Fund

Evaluation
We evaluate the 100% Giving Board based on the number of awards and total amount of giving. Starting in 2020, we will enhance our evaluation to pinpoint causation. Our next evaluation will assess if the award has made it easier to receive board donations, if board giving increased due to the award, and if staff would ask their board for gifts before knowing about the award.
High School Giving Circle

Engagement
High School Giving Circle is a program dedicated to developing the next generation of philanthropists. Since 2005, more than 200 students have participated and a fundholder continues to contribute $10,000 annually for the High School Giving Circle to award in grants to local nonprofits. In 2018, the High School Giving Circle program expanded to two Circles. Students from area high schools met once weekly for ten weeks to learn about philanthropy, nonprofits and community needs. They learned about the various facets of grantmaking, including topics such as how to review tax forms and differentiating between rescue and transformational philanthropy.

Action
After receiving background information, the students researched local nonprofits and interviewed executive directors from their selected organizations. When asked about interviewing this year’s nonprofits, Annabelle Choi said “It was almost surreal. I feel like I could be doing more, especially now that I see all these incredible people, I was really impressed by the people at all the organizations. I would like to be more like them.” After completing their interviews, the students deliberate and select which organizations will receive $10,000 in grant funds. This year’s two Circles collectively awarded $20,000 to the following organizations:

- Arts for All
- Casa De Vida
- The Children’s Cabinet
- Communities in Schools
- The Eddy House
- Family Counseling Services of Northern Nevada
- Nevada Coalition to End Domestic & Sexual Violence
- Northern Nevada International Center
- Note-Able Music Therapy Services
- Sierra Association for Foster Families

Evaluation
- 96% will list their participation in college applications
- 75% will list their participation in job application
- 74% said they now talk more with their family about philanthropy as a result of their participations
- Students’ knowledge of community needs increased 72% on average
- 95.65 % are more likely to volunteer
- 82.6% % are more likely to donate money or make in-kind contribution
Partnership Grants

Engagement
2018 marked the twelfth and final year of the Partnership Grants program. Thanks to many generous Community Foundation fundholders and donors, five grants were distributed to nonprofits in our community!

Action
Selected from a pool of nineteen proposals, the following organizations received a collective $52,627:
- Domestic Violence Resource Center;
- The Generator;
- Note-Able Music Therapy Services;
- Urban Roots; and
- Wells Family Resource Center

Evaluation
These organizations were selected because of their commitment to evaluation and desire to improve on their current system of evaluation. They provided a clear plan for how they intended to improve their evaluation methods. The selection committee was confident in their ability to implement their proposals and look forward to seeing the work they complete with this final round of Partnership Grant funding.

What Comes After Partnership Grants?
The Partnership Grants program will be succeeded by the Community Endowment Fund. The idea for the Partnership Grants program stemmed from a model used by the Community Foundation of Greater Memphis, wherein they used funds from their Endowment Fund to distribute to nonprofit organizations. Each year, the Partnership Grants funds have been raised through gifts from donors at the Community Foundation with the intent to grant that year’s funds to organizations selected by a committee. Moving forward, the Community Endowment Fund will allow the Community Foundation to grant more out into the community with the help of the Community Advisory Fund Committee, which is comprised of Community Foundation Board members, Staff members, and members of the community unaffiliated with the Community Foundation.
Workforce Housing

We established the Community Housing Land Trust, LLC on April 4, 2018. Through our work with the Youth Network Initiative, the Community Foundation began to consider how we could aid with the housing situation. We learned of the acute housing need at that time, but we did not feel we had the resources or expertise to delve into housing. Two years later, to support the Healthy Communities housing effort, we held a Community Conversation on Workforce Housing in April 2017.

As the presenter of the Community Conversation on Workforce Housing, we completed extensive research on potential community partners in development, policy, services, and funding resources. We found one primary area of need was housing for our workforce, including the working poor. This became our emphasis. As Truckee Meadows Healthy Communities continued their study, we continued to research helpful actions and talked with Community Foundation fundholders who were interested in contributing financial support. We decided to proceed with actionable steps to help accelerate the local effort to develop workforce housing, which included early conversations with the City of Reno on use of properties. Last winter, we also took a field trip to the Bay Area to learn from other community foundations’ housing initiatives.

The creation of the Community Housing Land Trust, an LLC under the umbrella of the Community Foundation of Western Nevada, was the culmination of this work. The Trust model is based on developing housing for sale or lease to qualified low-income residents. The Trust holds the land in a permanent land-lease arrangement, with the “improvements” either owned by the qualified low-income residents, or other non-profit housing corporations that also manage the property. The Trust may also be involved in variations of ownership, which can involve creative collaborative projects such as an “Affordable Dorm” project. The Trust typically will not provide grant funding, but in some cases, the Trust can help arrange financing.

The Community Housing Land Trust is a wholly owned, single-member LLC of the Community Foundation of Western Nevada and is governed by our Board of Trustees. Here are some useful facts about the Community Housing Land Trust:

- Through the Community Foundation, start-up costs have been minimal.
- Although staff time has been involved, there is no dedicated/paid staff member working for the Community Housing Land Trust.
- The Community Foundation financial, program, and community engagement staff are all helping with the Trust.
- Community Foundation Policies are in effect for the Trust, ensuring compliance and oversight. Assets held in the Trust will be a component fund of the Community Foundation – there will be no comingling of assets.
- The Trust could be separated from the Community Foundation in the future, should that be economically feasible for the Trust, and should that be advantageous to the future administration and effectiveness of the Trust.
The Village on Sage Street

The first project for the Community Housing Land Trust is the Village on Sage Street. The City of Reno is donating 4 acres of land on Sage Street to the Community Foundation Housing Land Trust to be used exclusively for affordable housing. The Village on Sage Street is a self-paid housing community and is not subsidized housing. Volunteers of America will operate the housing project.

Private developers, contractors, businesses, EDAWN, Community Foundation donors, and generous community members are giving together to make this happen.

The Village on Sage Street is composed of long, narrow, modular structures like those used by FEMA, mining and construction projects. Dorm structures hold 40 private rooms with a locking door, operable window, desk, bed, closet, and flat screen tv. There are shared bathrooms in each wing.

The entire site will be attractively fenced and landscaped and include a communal dining room, available fresh “grab and go” meals, community gathering room, laundry, gym, business services, meeting rooms, a fire pit, pet relief area and plenty of parking.

A Hand Up

Our goal for the Village on Sage is that this bridge housing is a hand up, not a handout or a profit maker. A person earning $9 an hour will be able to afford the $400 monthly rent and achieve savings goals. Any single adult without a criminal history and with an income of approximately $1300 to $2,500 per month will meet the income qualifications for residency. All residents will be provided with financial counseling. There is no time limit on the length of residency.
Overview of the Initiatives Process

Our initiatives process began four years ago and serves to convene resident stakeholders around persistent community issues with the goal of making systematic improvements in the community. A volunteer steering committee comprised of service providers and affected residents leads the initiative. The steering committee intentionally avoids discussing solutions at the start of an initiative. The initial objective is to first engage our community to give everyone a voice through public convenings.

Neutral Convener

As a neutral convener, we gather individuals who are directly affected by the issue, including service providers, government agencies, private enterprises, nonprofit organizations, and anyone who cares to share their concerns and voice potential solutions. Service providers have expert knowledge, but their expertise must be supplemented by hearing from those who use services or have been personally affected. Our convenings balance perspectives between experts and affected residents, enabling us to create practical solutions that will benefit our entire community.

The information collected from our public convenings is then processed by our steering committee, which develops action items and solutions. After this step, we go far beyond planning – we act. The steering committee helps Community Foundation staff develop tangible solutions. Throughout this process, we keep the participants from our convenings, and other stakeholders updated. Once solutions are created, the steering committee and the Community Foundation focus on marketing and outreach and solidifying partnerships to ensure the initiatives are sustainable.
Caregiver Support Initiative

“Caregiving has humbled me to be more loving and enabled me to be the best human being that I could, to be able to support and provide the care that I do.”

Tod Sherman cares for his wife, a 100% disabled veteran with PTSD. Faced with extreme stress, Tod had a heart attack while caregiving. Tod served on the Caregiver Support Initiative Steering Committee and helped develop the Washoe Caregivers Guidebook. He advocates caregivers must practice self-care.

Engagement

The Community Foundation began taking ideas for our second initiative in 2015. At the time Grady Tarbutton, Administrator for Washoe County Senior Services, was approaching retirement. He sent us an initiative idea form explaining how Washoe County has provided many programs for seniors, but there was not enough emphasis placed on the needs of family caregivers. Community Foundation staff researched family caregiving and realized the potential for impact. We learned caregivers faced significant physical and mental stress and often went into debt. After hearing staff’s recommendation, the Board adopted the Caregiver Support Initiative in early 2016.

From there, our community engagement work began. We formed a steering committee comprised of family caregivers and service provided. Next, we held two community convenings where unpaid family caregivers – our subject matter experts – shared what they needed.

152 people participated in our community convenings. 89 participants were current or former family caregivers. Caregivers shared their most important needs were:

1. Finding resources
2. Getting information on how to get started as a caregiver

“I hope we create a community where everyone is valued and our elder have needed resources easily available.”

- Family caregiver and community convening participant
Action

Taking the community’s feedback into account, we adopted a vision statement and got to work on developing resources.

*Our vision is for all community caregivers to have easy access to effective resources and support to promote caregiver knowledge, skills, and well-being.*

**WashoeCaregivers.org**
A free database of over 300 community resources, including those that are free and low-cost, for caregivers to seniors in Washoe County. Whether you are looking for information on hospice care, home modification, durable medical equipment, or any other caregiving resource, WashoeCaregivers.org is one stop shop for finding help.

**Washoe Caregivers Guidebook**
The Washoe Caregivers Guidebook is an instructional manual on how to be a new caregiver and was written by local caregivers and experts. The Washoe Caregivers Guidebook covers information about self-care for the caregiver, legal and financial planning, home safety and modifications, techniques for communicating with health care professionals and more. You can download a copy at [https://washoecaregivers.org/guidebook/](https://washoecaregivers.org/guidebook/)

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**Steering Committee Members**

- AARP Nevada
- Catholic Charities
- Center for Healthy Aging
- Circle of Life Hospice
- Family Caregivers
- Neighbor Network of Northern Nevada
- Nevada Aging and Disability Services Division
- Nevada Department of Veteran’s Services
- Northern Nevada Alzheimer’s Association
- Renown Health
- Sanford Center for Aging
- Seniors in Service
- St. John’s Presbyterian Church
- The Continuum
- Veterans Administration
Evaluation

“[The Guidebook has] helped me talk with a family member’s direct caregiver in a non-judgmental manner and have something of value to offer.”

Washoe Caregivers Guidebook
- 10,500 Guidebooks distributed to over 100 community locations
- 1,500 Spanish Guidebooks distributed
- 95% found the guidebook easy to understand
- 71.43% plan to take better care of themselves after reading the guidebook
- 99% recommend the guidebook to another caregiver
- 52.38% plan to improve the safety of their home
- 80.95% feel more prepared to communicate with health care professionals
- 57% have a better understanding of advance directives

WashoeCaregivers.org
- 157 monthly visitors on average in 2018
- 94% recommend the website to other caregivers
- 52.94% of caregivers found the resources that made it easier to be a caregiver
- 64.7% found the website easy to use
- 58.8% stated the website decreased the amount of time they spent looking for resources
- 33.3% found that WashoeCaregivers.org reduced stress and allowed them to provide better care to their family member
- 25% found the website had no effect

“WashoeCaregivers.org is great referral resource as a professional working in the field of aging.”
- Geriatric social worker

Limitations
- Only 25 responses collected to date. However, additional surveys will be completed throughout 2019
- Some respondents were already familiar with resources and caregiving topics. For example, about 46% of survey respondents were familiar with Advanced Directives before reading the Guidebook.
Family caregiving takes many forms. Some caregivers take a parent to doctors’ appointments and pick up prescriptions. Others become 24/7 caregivers, proving for all needs of a family member. Caregivers often enter their situation unexpectedly, lacking knowledge of available resources and unsure how to navigate the caregiving role. Everything can seem fine until it is not. Then, the caregiving begins whether you are ready or not. An example is Honor Jones.

The unexpected happened and their lives took an unexpected journey. The following section highlights Honor’s experience as a caregiver and later her involvement in the Caregiver Support Initiative.

Honor Jones became a 24/7 caregiver for her husband, Max, practically overnight. Max began experiencing a loss of strength and mobility of his arms. Sometime before, he had fallen off a ladder and struck his head. Thinking it might be pinched nerve but puzzled by his loss of strength and diminishing muscle, Max and Honor visited several doctors with non-conclusive results. Initially, Max was diagnosed with “man in a barrel syndrome.” Lyme Disease was also considered. Max and Honor finally went to the University of California, San Francisco ALS Center, but Max’s condition remained undiagnosed. On one visit, Max felt a heaviness in his chest and walking pneumonia was suspected. Max was admitted to the UCSF Medical Center and diagnosed with pneumonia. He aspirated on a protein drink fed to him. He was immediately transferred to the ICU where he was placed on a ventilator. Continued ventilation required a tracheostomy and a percutaneous (PEG) tube for nutrition.

After a month in the ICU, Max’s lungs were clear, but he had been diagnosed with Amyotrophic Lateral Sclerosis (ALS), commonly known as Lou Gehrig’s Disease. He was transferred to Tahoe Pacific in Reno, where he stayed for two months. Max’s discharge instructions required placement in a subacute ventilator rehabilitation center, except there were none in Northern Nevada! Faced with moving to Las Vegas or California, away from their home, their family, and their social support system, Honor set her mind on finding a way for Max to remain at home. She loved Max. They were nearing their 50th wedding anniversary, Max’s 90-year-old father was alive and well, and more grandchildren were on the horizon. Honor would figure out a way to manage his care.

Like many caregivers, Honor did not know where to begin. There were more questions than answers. Honor shared, “There was no information; there was no manual or guidebook. I wasn’t familiar with the area’s social and community resources. It all hit so fast, I went to the basics. I kept a spiral
I had to ask questions, investigate and research to figure this all out, which I did. I requested that the staff train me in the hospital. I stayed day and night, watching and learning about all of his required treatment and equipment and how to handle it."

Honor and Max were faced with many decisions after Max’s ALS diagnosis. Max decided to retain the trach tube and ventilator since he knew he would eventually be on the ventilator fulltime. Honor suddenly had to tend to all of Max’s needs. Honor shared that Max, “had been a very self-sufficient individual and had a strong will to live. As time went on, I would say that it enhanced our relationship although the stress and challenges were at times overwhelming. I remained positive. I had told myself, ‘I would not, in any way be negative about this.’” Their lives had a new normal.

“I stayed day and night, watching and learning about all of his required treatment and equipment and how to handle it.”

ALS affects motor neurons that control muscle movements, ultimately leading to total paralysis and loss of speech. Mental acuity and sensory faculties remain intact. Max was entirely mentally alert and could feel temperature and pressure. Overtime, his muscles deteriorated, and he became fully paralyzed. Through it all, Honor connected with Max. She danced with Max in his power chair. And, she recalls, “We also kept our cuddle time. Touch is extremely important to a person that can feel. I would take his hand and pet his dog and give her a cookie. I would watch the news with him every night and cuddle, lay next to him, feel him, touch him, talk to him. You have to connect with the person you’re caring for physically and mentally.”

Honor embraced her challenges as Max’s primary caregiver. She hired assistant caregivers to tend to Max and allow her some respite. Honor was always vigilant, waking up in the middle of the night to the faintest noise and would check to make sure Max was alright. She became a “ventilator engineer.” She was there 24/7.

Building Empathy

When asked about her most treasured memories as a caregiver, Honor responded there were many but seeing her grandchildren’s easy acceptance of Max’s condition and watching them navigate Papa’s power chair are certainly some. Honor stated she endeared, “watching how the grandchildren accepted Max’s disability as normal and how they carried this acceptance to school. Students from a special needs class would leave at the same time. I watched my grandsons accept them with interest and concern regarding their disabilities, when other students sometimes did not. We talked about their disabilities versus Papa’s. And I said, ‘It’s just a disability, that’s all it is.’”

Honor found that caregiving, “is something that we don’t talk about or think about until it happens.” When asked how she survived her caregiving experiences, Honor’s advice to other family caregivers is first to accept the situation. Second, develop coping skills. And, third, keep up with a few vital interests of your own.”
Joining the Caregiver Support Initiative

Honor was the first caregiver to join the Caregiver Support Initiative when it commenced in 2016. At the time, Honor had cared for Max for 10 years. When asked about her first impression of the Caregiver Support Initiative, Honor stated, “I knew there was a tremendous need. I harken back to my spiral notebook where I wrote everything, every person, and every phone number down, over and over, as I learned about contacts, resources, and specific care requirements. When I stayed overnight, I even drew the equipment in my notebook and labeled it all. I had to learn it all and it was a crash course!”

Honor knew other caregivers were facing the same challenges and believed in the Caregiver Support Initiative. Honor explained that when she first got to the meeting she thought: “Yes, we definitely can put this together to help other caregivers on their journey.” Honor has regularly been involved in the Caregiver Support Initiative and observes:

“The Community Foundation brings awareness to the public. As I see it, the Community Foundation is one of the most empathetic, caring, community-minded organizations there is. There are many philanthropic entities, but the Community Foundation stands out through the initiatives it undertakes, such as the Caregiver Support Initiative, resulting in resounding education and public awareness. The Caregiver Support Initiative could not be in better hands. The best of the community’s social services, medical entities, and medical school members and staff joined the Community Foundation to bring the Caregiver Support Initiative to fruition.”

Sharing the Initiative with Max

Because Honor consulted Max on decisions, she naturally told him about her involvement in the Caregiver Support Initiative. Max always took pride in what his family did. “I’d go over something we discussed at one of the meetings and I’d say, ‘Do you think that’s right on?’ And he would tell me through blinks, two blinks were no, one was yes. He communicated that way because he could no longer nod his head or use his eye gauge computer to respond. At the end, he could only blink his eyes.” At first Honor was not sure if Max understood the scope of the initiative. However, when Honor showed him the Washoe Caregivers Guidebook, Max, an engineer, grasped its entirety. “This was right up his alley,” said Honor.

Max passed away on September 9, 2018. Honor was Max’s primary caregiver for 12 years after they were told on discharge that he had three months to live with an ALS diagnosis. Honor credits Max’s longevity to his strong will to live, the excellent care and meticulous hygiene she required of herself and others, and of course, the spiral notebook. Although Max and Honor’s lives dramatically changed, they maintained their strong relationship, and went on a different and unexpected journey. They were still able to enjoy each other and their family, experiencing many milestones along the way, including their 61st wedding anniversary, birthdays and the arrival of more grandchildren.
Community Conversation on Caregivers in the Workforce

Engagement
The impact caregiving has on the workforce is often ignored. Those who care for a family member at home and have a full-time job are often strained beyond the breaking point. The good news is solutions are available. In Spring 2018, the Community Foundation hosted a community conversation called, “Caregivers in the Workforce: Balancing Life, Work, and Policy.” Experts from Renown Health, the Nevada Caregiver Support Center, Center for Healthy Aging, AARP Nevada, and the Community Development Institute shared ways caregivers can keep up with the demands of work and caregiving.

Action
After the conversation, the Community Foundation drafted a “Caregiver Employee Toolkit,” which outlines policies and practices businesses can implement to benefit their employees who are caregivers. While businesses may question how caregivers support can affect their bottom line, businesses actually benefit from a reduction in turnover and absenteeism and an increase in productivity. Supporting caregivers is good business.

Evaluation
The Caregiver Employee Toolkit will launch in 2019 and the evaluation will be based on how many businesses are reached and how many businesses implement new policies and practices to support their caregiver employees.
In 2014, the Community Foundation launched the Youth Network Initiative, also known as You N’I. The initiative sought to address the growing issue of youth homelessness in the Reno area. Our region estimates that 300 youth lack a steady nighttime environment.

Through our convenings, we learned that homeless youth are unsure of where to turn when they find themselves in a bout of homelessness. Because of this uncertainty, the Community Foundation created Reno Youth Network, an online database unique to services for youth in the Washoe County region. Youth can find information on a wide variety of topics, from healthcare, to education, to steady housing environments. The Youth Network Initiative ultimately led to the creation of The Eddy House, a local nonprofit that serves as a central intake for homeless youth in our region that enables youth to access services needed for their situation. As of 2018, The Eddy House is open from 10:00am-5:00pm and provides youth with a safe place to rest, eat, and receive needed care. Eddy House staff is actively fundraising to open an overnight shelter to ensure that youth have access to a steady and safe nighttime environment. To learn more about the Youth Network Initiative or the Eddy House, please visit us online at nevadafund.org and renoyouthnetwork.com. In 2018, Reno Youth Network had 60 unique visitors per month on average. Starting in 2019, the Community Foundation will evaluate the long-term impact of the Youth Network Initiative.
Creating a Network of Mentoring Agencies

Youth mentorship programs ensure that young people have a positive role model and someone there for them as they grow. The National Mentoring Partnership states that 1 in 3 young people will grow up up without a mentor. Big Brothers Big Sisters found that children placed with mentors are 46% less likely to begin using drugs and 27% less likely to begin using alcohol.

During our initiative to address youth homelessness, affected youth emphasized the importance of having a positive adult role model. Despite there being many great mentoring organizations in Northern Nevada, there is often a shortage of mentors. This insight gave rise to the Nevada Mentors Network, a central online location for potential mentors to learn more about the organizations they can volunteer with.

In 2018, the Community Foundation assessed each organization’s interest in growing the network to include a collaboration between organization meant to recruit more mentors. The organizations were overwhelmingly excited to collaborate with one another. Meeting monthly, the Nevada Mentors Network discusses different strategies to reach more potential volunteers while getting to know the volunteer requirements of other area organizations. Collaboration creates an opportunity for organizations to point volunteers toward other organizations whose volunteer requirements better fit what the volunteer can offer. It also creates a unified approach to demonstrate that mentoring is beneficial for both our youth and our community.

<table>
<thead>
<tr>
<th>Nevada Mentors Members</th>
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<tr>
<td>360 Blueprint</td>
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<tr>
<td>Awaken</td>
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<tr>
<td>Big Brothers Big Sisters Northern Nevada</td>
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<tr>
<td>Junior Achievement</td>
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To learn more about mentoring in Northern Nevada, please visit [http://nevadamentors.org/](http://nevadamentors.org/)
Annual PA Seminar & Educational Activities

The Annual Professional Advisor Seminar assists local professional advisors (PAs) in their practice by providing opportunities to learn about the most up-to-date and relevant information in topics that interest them. The seminar encourages PAs to incorporate and disseminate that knowledge to clients—as well as family members and friends—who may benefit from the information and turn to the Community Foundation for philanthropic services.

In 2018 David Bennett hosted the seminar on “Taxes, Charitable Giving, and the New Normal.” The seminar was attended by CPAs, Attorneys, and CFPs, and covered recent trends in charitable giving, the new standard deductions’ effect on charitable giving, the estate tax, and smart tax strategies for today.

Community Matters
Community Matters is our premier platform for distributing information about RFPs / scholarships / grants / Family Estate Planning Series/ public meeting and community engagement work.

Gift Law/Gift Legacy
Gift Law/Gift Legacy is blog from Chris about timely subjects related to Community Foundation, planned giving and philanthropy in general.

Association of Fundraising Professionals
Helps build professional capabilities of non-profit professionals, primarily in the area of fund development and volunteer engagement

Planned Giving Roundtable of Northern Nevada
The vision of PGRTNNV is to serve as the leading organization delivering gift planning education, networking, and awareness in the Northern Nevada community; the organization’s mission is to promote charitable gift planning for professionals in the region to increase planned giving literacy and philanthropic impact in our community.

CPP News Brief
News Briefs serves as a promotional and communication platform for the Corporate Partners.
Community Collaborations

The Community Foundation collaborates with other organizations and coalitions in our community whose goals and vision for community development align with our own. After identifying major issues affecting our own initiatives, we were able to identify those actively working on that issue and seek to contribute to their own initiatives whenever possible.

Nevada Lifespan Respite Care Coalition
The Mission of the Nevada Lifespan Respite Care Coalition is to support caregivers in our community by promoting awareness and access to, as well as coordination and advocacy for, respite services in Nevada throughout the lifespan.

One Truckee River Initiative
The One Truckee River Management Plan will manage, protect and provide stewardship for the Truckee River across all jurisdictional boundaries. Nevada Land Trust and Keep Truckee Meadows Beautiful act as lead agencies with the assistance and cooperation of a large Truckee River stakeholder group to fundraise and develop the plan.

Truckee Meadows Healthy Communities
Truckee Meadows Healthy Communities is a collaborative of thought leaders and influencers who seek to make an impact on the health of their community. The collaborative seeks to build a model where all community members strive toward a culture of health in the Truckee Meadows. This model will include the intersection of the health, education and community development sectors in our region. Truckee Meadows Healthy Communities seeks to create a healthier community through a collective impact project.

Community Engagement + Action + Evaluation = Impact
Looking Ahead

At the time of drafting this impact report, the Community Foundation was actively planning for two new initiatives and programs. The following activities will launch and begin their own monitoring and evaluation processes over the course of 2019.

Financial Abuse Initiative
Financial abuse can take many forms, including fraud, scams, and predatory lending and is becoming an increasing concern at the national and state level. Financial abuse cases are typically underreported, and it is impossible to have a full record of each case of financial abuse. According to the National Center on Elder Abuse, only one in 44 cases are reported. There are a multitude of reasons why financial abuse is underreported, such as the victim feeling embarrassed or guilty, fearing retaliation, not wanting a family member to get in trouble, or being unaware or in denial of the abuse.

A steering committee has been created and we are now seeking the involvement of people who have been impacted by financial abuse.

Nonprofit Academy
After reviewing activities of other community foundations, it was decided that the Community Foundation of Western Nevada would seek to expand education opportunities for young nonprofit executive directors with less than three years of experience. This gave rise to the Nonprofit Academy, a year-long program that meets monthly to provide executive directors with access to professionals and information who have expertise in an area of development. The program launched in January 2019 and is entirely tailored to the needs of the executive directors taking part in the Academy. The Academy ultimately hopes to graduate nonprofit directors who feel more comfortable in their roles. Their knowledge will be measured both before and after the Nonprofit Academy to discern an increase in knowledge and preparedness.

Village on Sage Street
Once construction for the Village on Sage Street is complete and tenants have moved in, we will evaluate the project with Volunteers of America, the operator. Although specific measurements are yet to be determined, we will examine how having affordable housing affects other parts of tenants’ lives. For example, are tenants now able to pay off debt and improve their credit score? Are they able to save up money to afford an apartment? Can they now purchase their first car and get a better job and have access to other opportunities?

There’s more to come in 2019.
Appendices

This section contains the surveys used to evaluate our community engagement activities. Some questions have been removed from this report for confidentiality purposes.

Family Estate Planning Series Fall 2018 Survey Results

1. Was the location convenient for you?  Yes: 67; No 0; Was the room comfortable?  Yes 62; No 0; Location recommendations? 1 each for Sparks, N. Valleys, NW Reno Library and South Valleys Library.

2. Could you see and hear the presenter?  Yes 67; No 2 (John Smith and Nicole Vance 1 each).

3. Did you hear new or interesting information from the nonprofit sponsors? Yes 65; No 1;

4. Will you recommend this series to a friend or family member? Yes 62; No 0;

5. What is your overall rating of the Family Estate Planning Series? Poor 0 for 1; 0 for 2; 1 for 3; 13 for 4; 56 for 5 Excellent

6. How would you rate your knowledge of estate planning before participating in the series? Uninformed 10 for 1; 27 for 2; 10 for 3; 10 for 4; 5 for 5 Very Knowledgeable

7. How would you rate your knowledge of estate planning after participating in the series? Uninformed 0 for 1; 2 for 2; 11 for 3; 40 for 4; 23 for 5 Very Knowledgeable

8. Having participated in the series, are you more likely to leave a portion of your estate to charity? Strongly Agree 7, Agree 24, Neutral 34, Disagree 2, Strongly Disagree 1

9. Having participated in the series, are you more prepared to leave a better legacy for your family? Strongly Agree 29, Agree 29, Neutral 10, Disagree 0, Strongly Disagree 1

10. Having participated in the series, do you feel less stressed about estate planning? Strongly Agree 22, Agree 36, Neutral 10, Disagree 2, Strongly Disagree 1

11. Because of the series, will you create or change your will/trust/estate plan? Strongly Agree 32, Agree 30, Neutral 4, Disagree 1, Strongly Disagree 1

12. Because of the series, will you hire an attorney to create your will/trust/estate plan? Strongly Agree 25, Agree 30, Neutral 11, Disagree 1, Strongly Disagree 0

13. Do you have any additional comments or recommendations? Will attend again since missed some sessions (1); Kurt is good (2); Want will kit in digital format (1); Liked KNPB sponsorship (2); Liked Feeding Pets of the Homeless (1); Liked Ginny’s presentation (1); Lots of repetition esp. sections 2, 3 and 5 seemed the same (1); More tables (8); Didn’t like non-profit pitches (2); Very good series (5); Great or Excellent Series (9); Thank You (4); Liked hearing from non-profits (1); Need closed captioning for videos (1); Need microphone for speakers (3).

Below is a narrative with percentages of the responses for questions 7-14 followed by a chart with responses from poor to excellent for question 7, uninformed to very knowledgeable for questions 8 and 9 and then strongly agree to strongly disagree for questions 10-14. Series 1 indicates first response, series 2 second response and so on through series 5 for last response to the various questions.
**Question 7** on the overall series rating, 80% said excellent, 19% said good and 1% said average.

**Question 8** rating their knowledge **before** taking the series, 16% said they were uninformed, 44% said they were somewhat uninformed, 16% were neutral, 16% said they were somewhat informed and 8% said they were very informed.

**Question 9** on rating their knowledge **after** participating in the series, 3% said somewhat uninformed, 14% were neutral, 53% were somewhat informed and 30% were very informed.

**Question 10** on being more likely now to leave a portion of their estate to charity, 10% said they strongly agreed, 35% agreed, 50% were neutral, 3% disagreed and 2% strongly disagreed.

**Question 11** on being better prepared to leave a better legacy for your family, 42% strongly agreed, 42% agreed, 14% were neutral, and 2% strongly disagreed.

**Question 12** on feeling less stressed about estate planning, 31% strongly agreed, 51% agreed, 14% were neutral, 3% disagreed and 1% strongly disagreed.

**Question 13** on creating or changing a will/trust/estate plan, 48% strongly agreed, 44% agreed, 6% were neutral, 1% disagreed and 1% strongly disagreed.

**Question 14** on plans to hire an attorney, 37% strongly agreed, 45% agreed, 16.5% were neutral and 1.5% disagreed.

Here are the demographic answers to the questions:
1. What is your age?
   18 to 44 years: 1
   45 to 54 years: 2
   55 to 64 years: 24
   65 to 74 years: 24
   75 to 84 years: 13
   85 years or older: 3

2. What is your gender?
   Female: 38
   Male: 27

3. What is your marital status?
   Married or domestic partnership: 35
   Widowed: 6
   Divorced: 15
   Separated: 0
   Single, never married: 8

4. What was your total household income before taxes during the past 12 months?
   Less than $25,000: 4
   $25,000 to $49,999: 8
   $50,000 to $99,999: 28
   $100,000 to $149,999: 12
   $150,000 or more: 7

5. What is your household net worth?
   Negative or zero: 1
   $1 to $4,999: 0
   $5,000 to $9,999: 0
   $10,000 to $24,999: 2
   $25,000 to $49,999: 2
   $50,000 to $99,999: 3
   $100,000 to $249,999: 6
   $250,000 to $499,999: 11
   $500,000 or more: 29

6. I am interested in learning more about:
   □ Setting up a Charitable Legacy Fund (0)
   □ Setting up a Charitable Donor Advised Fund (0)
   □ Donating real estate or unique gifts to charity (2)
   If you checked any answers above, please tell us how to reach you to discuss your plans.
   Name: One indicated in process with CF.

7. I am interested in learning more about:
   □ Setting up a Charitable Legacy Fund (0)
   □ Setting up a Charitable Donor Advised Fund (0)
   □ Donating real estate or unique gifts to charity (2)
   If you checked any answers above, please tell us how to reach you to discuss your plans.
   Name: One indicated in process with CF.

Please check all that apply:
   □ I have a financial planner. (13)
   □ I have a good retirement/pension plan to last a lifetime. (30)
   □ I have long-term healthcare. (13)
   □ I am situated for long-term assisted living. (3)

Demographic Highlights:
- 36% were age 55-64 and another 36% were 65-74 with 24% 75 or older and 4% 54 or younger.
- 58% were female and 42% male
- 64% were married or with a domestic partner.
- 47% had annual household income of $50-99,999 and 32% had $100K or more.
- 54% had net worth of $500K or more.
- 51% said they had a good retirement plan/pension that would last them a lifetime.

Average Attendance:
A total of 870 folks attended the eight-week series with an average of 61 per morning session and 47 for the afternoon session or 108 folks per day.
2018 High School Giving Circle Evaluation Results

Tuesday Group (Davidson Academy) = 19 participants, 18 surveys submitted
Thursday Group (All High Schools) = 13 participants, 5 surveys submitted*

*Several students were absent that day or left early.
Note: Some questions were left unanswered by some participants.

1. Having participated in the High School Giving Circle, are you more likely to volunteer at a nonprofit? (please circle one)

   Strongly Agree: 10
   Agree: 9
   Neither Agree nor Disagree: 4
   Disagree:
   Strongly Disagree:

2. Having participated in the High School Giving Circle, are you more likely to donate money or make an in-kind contribution to a nonprofit?

   Strongly Agree: 8
   Agree: 11
   Neither Agree nor Disagree: 1
   Disagree:
   Strongly Disagree:

3. On a scale of 1 to 5 with 1 being no knowledge and 5 being expert knowledge:
   a. How would you rate your knowledge of community needs before participating in the High School Giving Circle?

      No knowledge → Expert knowledge
      Rank 1: 1      Rank 2: 13      Rank 3: 7      Rank 4:      Rank 5:  

   b. How would you rate your knowledge of community needs after participating in the High School Giving Circle?

      No knowledge → Expert knowledge
      Rank 1:      Rank 2:      Rank 3: 5      Rank 4: 12      Rank 5: 4

4. What were the highlights of the High School Giving Circle for you?
   a. Choosing nonprofits, getting to know other circle members.
   b. I just really enjoyed giving money and learning about the nonprofits.
   c. A highlight for me was learning about all of the nonprofits in the area.
   d. Probably the presentations from the nonprofits.
   e. I liked the decision and the presentations.
   f. Getting to work with different people to reach a consensus.
g. Improving interpersonal skills.

h. Making a monetary change.

i. Meeting new people (heads of nonprofits).

j. Listening to other people talk gaining an awareness of the community.

k. Helping the community and hearing the different opinions.

l. Giving away for the good of the community.

m. The voting day, presentations and pizzas.

n. Interviews/presentations.

o. Interviews with the organizations.

p. Learning about the community and what needs to be helped.

q. Being able to learn about nonprofits and the nonprofit world.

r. Learning about specific nonprofits in the community.

s. I enjoyed listening to my fellow members talk about the organizations. I also thought that I benefitted from researching organizations.

t. Hearing about all the great groups in the community.

u. Being exposed to the different needs of the community and being able to give back.

v. Learning how to analyze and evaluate nonprofits.

w. Learning just how fortunate I am to be in my economic situation.

x. Being able to discuss the issues of the community with other students as well as how the issues could be solved.

y. The last presentation and the learning opps.

z. Being able to actually make an impact/decision by giving money rather than just attending a class on philanthropy.

5. Do you have ideas for topics or activities in future workshops?

a. Maybe touring a nonprofit and seeing its inner workings.

b. It was pretty well set up!

c. Not really. Maybe something that focuses more directly on a single nonprofit.

d. Maybe something about networking.

e. More things based on 990 form (more general finances).

f. We could have a session where we educate the community about what we learned.

g. Holding an event that educates the community on philanthropy.

h. More money would be nice.

i. More interaction with the organizations themselves.

j. More focus on research.

k. More discussions with peers.

l. I don’t have any ideas. Well, maybe you could minimize certain parts like the guidelines, but other than that, it was good.

m. Bring in accountant to explain more about reporting for nonprofits.

n. More incentive to promote discussion.

o. Perhaps more group activities to work towards a more cohesive thinking.

p. Maybe a visit to a philanthropic organization.

q. No/hope/not really (7)

6. Were there parts that weren’t interesting that should be eliminated in future workshops?

a. Maybe a bit less on learning about nonprofits in general and more time to speak on what to fund.
b. No, but I do think we could have sped up the beginning and talked about the end part more.

c. Maybe a few of the sessions in the beginning.

d. I liked all the parts.

e. Maybe the earlier discussions with the handouts (shouldn’t be taken out entirely, just condense).

f. I think the first two sessions were not as necessary and could be shortened to one.

g. No, but would have been better if we were a bit more productive and focused less on values/priorities.

h. I feel like there were a lot of unnecessary handouts.

i. I felt like there were a lot of handouts that we were just reading and not really discussing or benefiting from.

j. I think the number of handouts should be decreased, and more time spent on specific organizations.

k. Going over guidelines.

l. The first few workshops where we came up with topics could be cut—didn’t really influence our decision.

m. The class did have a lot of lecture type instruction. If there was a way to make it a bit more engaging through facilitating more visual or hands-on work, that would be great.

n. I know that at least for our group, the first few weeks where we learned what things were or simple rules were rather dull since our group knew most of it.

o. Consensus agreement.

p. The first couple of days were a bit boring.

q. No/nah (6)

7. Does the time spent in HSGC seem too long, too short, or about right?

a. The time spent coming up with values and interest of the group was too long and coming up with them seemed forced. We should take more time doing ice-breakers and learning each other’s values that way.

b. This seems like a reasonable amount of time.

c. I think it’s too long. There could probably just be 7 or 8 meetings.

d. Too short (4)

e. Too long/a bit long (4)

f. About right. (11)

8. Please rate the different aspects of the workshop on scale of 1-5

a. Introduction to Philanthropy
   1. Very good: 6
   2. Good: 13
   3. Average: 2
   4. Below Average: 1
   5. Poor:

b. Clarifying values and priorities
1. Very good: 4
2. Good: 9
3. Average: 6
4. Below Average: 3
5. Poor:

c. Presentation process

1. Very good: 7
2. Good: 11
3. Average: 4
4. Below Average: 
5. Poor:

d. Deciding where to give money

1. Very good: 10
2. Good: 5
3. Average: 5
4. Below Average: 1
5. Poor:

9. Will you list your participation in the High School Giving Circle on job applications?
   Yes: 19    No: 3

10. Will you list your participation in the High School Giving Circle for college or scholarship applications?
    Yes: 22 (One participant said: I already did!) No:

11. As a result of the High School Giving Circle, do you talk more with your family about philanthropy?
    Yes: 20    No: 2

12. Do you have any other comments or suggestions?
   a. Nope. It was wonderful!
   b. It was awesome!
   c. This was a very nice experience, and I would love to do it again!
   d. No. I liked it overall.
   e. No, but I think maybe making sure it stays a discussion rather than a debate. Also, we spent a long time on guidelines that was really unnecessary in my opinion.
   f. Shorten or eliminate the guidelines part.
   g. Nope. Just thanks for letting us participate!
   h. By technicality, consensus decision making is a paradox as if not everyone agrees with a decision there isn’t a consensus to keep a nonprofit or to take it off. It also takes much longer than a high percentage vote-based system.
   i. No/nope/not really/N/A (9)
Q1 What is your caregiving situation?

Answered: 25  Skipped: 0

- Current caregiver to a senior (age 50 or older): 28.00% (7 responses)
- Previous caregiver to a senior (age 50 or older): 32.00% (8 responses)
- Both: 12.00% (3 responses)
- I am not a caregiver: 16.00% (4 responses)
- Other: 4.00% (1 response)
- Other (please specify): 8.00% (2 responses)

TOTAL: 25 responses
Q2 Have you had the opportunity to read the Washoe Caregivers Guidebook?

Answered: 25  Skipped: 0

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<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
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<tbody>
<tr>
<td>Yes</td>
<td>92.00%</td>
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<td>No</td>
<td>8.00%</td>
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<td>TOTAL</td>
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Q3 Have you visited our resource website, WashoeCaregivers.org?

Answered: 0  Skipped: 25

⚠️ No matching responses.

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<th>ANSWER CHOICES</th>
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Caregiver Support Initiative Survey
Q4 How was the information presented in the Guidebook?

Answered: 21  Skipped: 4

**Answer Choices**

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<th>Easy to understand</th>
<th>Responses</th>
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<td>95.24%</td>
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<td>Somewhat easy to understand</td>
<td>4.76%</td>
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<tr>
<td>Difficult to understand</td>
<td>0.00%</td>
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**TOTAL**

| TOTAL | 21 |
Q5 On a scale of 1 (no knowledge) to 5 (expert knowledge), how would you rate your knowledge of caregiving before reading the Guidebook?

Answered: 15    Skipped: 10

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<th>1</th>
<th>2</th>
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<td>6.67%</td>
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<td>3.67</td>
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Q6 On a scale of 1 (no knowledge) to 5 (expert knowledge), how would you rate your knowledge of caregiving after reading the Guidebook?

Answered: 15  
Skipped: 10

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<th>TOTAL</th>
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<td>20.00%</td>
<td>80.00%</td>
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<td>3</td>
<td>12</td>
<td>15</td>
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Q7 After reading the Guidebook, do you feel you will be better able to provide better care to your family member?

Answered: 21   Skipped: 4

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<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
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<td>Agree</td>
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<td>Disagree</td>
<td>4.76%</td>
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<tr>
<td>Other (please specify)</td>
<td>23.81%</td>
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<td>TOTAL</td>
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<td>Agree</td>
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<tr>
<td>Other (spec)</td>
<td>5</td>
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<tr>
<td>TOTAL</td>
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</table>
Q8 Would you recommend the Guidebook to another caregiver?

Answered: 21    Skipped: 4

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>95.24%</td>
</tr>
<tr>
<td>No</td>
<td>4.76%</td>
</tr>
<tr>
<td>Unsure</td>
<td>0.00%</td>
</tr>
<tr>
<td>TOTAL</td>
<td></td>
</tr>
</tbody>
</table>
Q9 How did the Guidebook affect your view on self-care?

Answered: 21  Skipped: 4

**ANSWER CHOICES** | **RESPONSES**
--- | ---
I learned the importance of self-care and have already taken action(s) to also care for myself | 4.76% 1
I plan to take care better of myself in the future | 28.57% 6
I practiced self-care before reading the Guidebook | 38.10% 8
I see the importance of self-care, but find it hard to practice | 9.52% 2
The Guidebook did not affect my view on self-care | 9.52% 2
Other (please specify) | 9.52% 2
**TOTAL** | **21**
Q10 After reading the Guidebook, do you have a better understanding of advance directives?

Answered: 21  Skipped: 4

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>57.14%</td>
</tr>
<tr>
<td>No</td>
<td>0.00%</td>
</tr>
<tr>
<td>I understood advance directives before reading the Guidebook</td>
<td>42.86%</td>
</tr>
</tbody>
</table>

TOTAL 21
Q11 Since reading the Guidebook have you improved, or do you plan to improve, the safety of your home?

Answered: 21  Skipped: 4

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>52.38%</td>
</tr>
<tr>
<td>No</td>
<td>28.57%</td>
</tr>
<tr>
<td>Other (please specify)</td>
<td>19.05%</td>
</tr>
<tr>
<td>TOTAL</td>
<td></td>
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</tbody>
</table>
Q12 After reading the Guidebook, are you more prepared to talk to your family member's doctor or health care professional?

Answered: 21  Skipped: 4

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>80.95%</td>
</tr>
<tr>
<td>No</td>
<td>14.29%</td>
</tr>
<tr>
<td>Unsure</td>
<td>4.76%</td>
</tr>
<tr>
<td>TOTAL</td>
<td></td>
</tr>
</tbody>
</table>
Q13 Do you have any comments on the Washoe Caregivers Guidebook? We would like to hear what worked and what we can do better.

Answered: 11   Skipped: 14
**Q14 Have you visited our resource website, WashoeCaregivers.org?**

![Bar chart showing responses to Q14](chart-image)

**Answered: 21**  **Skipped: 4**

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>85.71%</td>
</tr>
<tr>
<td>No</td>
<td>14.29%</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td></td>
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</tbody>
</table>
Q15 Were you able to find the resources you were looking for on WashoeCaregivers.org?

Answered: 17  Skipped: 8

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>52.94%</td>
</tr>
<tr>
<td>No</td>
<td>17.65%</td>
</tr>
<tr>
<td>Other (please specify)</td>
<td>29.41%</td>
</tr>
<tr>
<td>TOTAL</td>
<td></td>
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</tbody>
</table>
Q16 How would you rate the design of WashoeCaregivers.org?

Answered: 17  Skipped: 8

<table>
<thead>
<tr>
<th>Answer Choices</th>
<th>Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Easy to use</td>
<td>64.71%</td>
</tr>
<tr>
<td>Somewhat easy to use. I found what I needed, but it took time.</td>
<td>17.65%</td>
</tr>
<tr>
<td>No opinion</td>
<td>11.76%</td>
</tr>
<tr>
<td>Hard to use</td>
<td>0.00%</td>
</tr>
<tr>
<td>Other (please specify)</td>
<td>5.88%</td>
</tr>
<tr>
<td>TOTAL</td>
<td></td>
</tr>
</tbody>
</table>
Q17 How has WashoeCaregivers.org affected your caregiving experience?

Answered: 17  Skipped: 8

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>I have found resources that make it easier to be a caregiver</td>
<td>52.94%</td>
</tr>
<tr>
<td>No effect at all</td>
<td>29.41%</td>
</tr>
<tr>
<td>No effect at all</td>
<td>5.88%</td>
</tr>
<tr>
<td>I am more confused after reviewing WashoeCaregivers.org</td>
<td>0.00%</td>
</tr>
<tr>
<td>Other</td>
<td>0.00%</td>
</tr>
<tr>
<td>Other (please specify)</td>
<td>11.76%</td>
</tr>
<tr>
<td>TOTAL</td>
<td>100%</td>
</tr>
</tbody>
</table>
Q18 Did Washoecaregivers.org decrease the amount of time you spent looking for resources?

Answered: 17  Skipped: 8

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>58.82%</td>
</tr>
<tr>
<td>No</td>
<td>35.29%</td>
</tr>
<tr>
<td>Unsure</td>
<td>5.88%</td>
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<tr>
<td>TOTAL</td>
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</table>
Q19 Would you recommend WashoeCaregivers.org to another caregiver?

Answered: 17  Skipped: 8

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
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</thead>
<tbody>
<tr>
<td>Yes</td>
<td>94.12%</td>
</tr>
<tr>
<td>No</td>
<td>0.00%</td>
</tr>
<tr>
<td>Unsure</td>
<td>5.88%</td>
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<tr>
<td>TOTAL</td>
<td></td>
</tr>
</tbody>
</table>
Q20 On a scale of 1 (no knowledge) to 5 (expert knowledge), how would you rate your knowledge of caregiver resources before visiting WashoeCaregivers.org?

Answered: 12  Skipped: 13

<table>
<thead>
<tr>
<th>(no label)</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>TOTAL</th>
<th>WEIGHTED AVERAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>(no label)</td>
<td>0.00%</td>
<td>0.00%</td>
<td>25.00%</td>
<td>75.00%</td>
<td>0.00%</td>
<td>12</td>
<td>3.75</td>
</tr>
</tbody>
</table>
Q21 On a scale of 1 (no knowledge) to 5 (expert knowledge), how would you rate your knowledge of caregiver resources after visiting WashoeCaregivers.org?

Answered: 12  Skipped: 13

<table>
<thead>
<tr>
<th>(no label)</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>TOTAL</th>
<th>WEIGHTED AVERAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>(no label)</td>
<td>8.33%</td>
<td>8.33%</td>
<td>0.00%</td>
<td>66.67%</td>
<td>16.67%</td>
<td>12</td>
<td>3.75</td>
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</table>
Q22 How did WashoeCaregivers.org affect the quality of care you provide? Select all that apply.

Answered: 12  Skipped: 13

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>I am less stressed now and can provide better care.</td>
<td>33.33%</td>
</tr>
<tr>
<td>I found a resource that has enhanced my family member's life.</td>
<td>16.67%</td>
</tr>
<tr>
<td>I found a resource that has improved my life</td>
<td>16.67%</td>
</tr>
<tr>
<td>No effect</td>
<td>25.00%</td>
</tr>
<tr>
<td>Other (please specify)</td>
<td>25.00%</td>
</tr>
<tr>
<td>Total Respondents: 12</td>
<td></td>
</tr>
</tbody>
</table>
Q23 Do you have any final comments on WashoeCaregivers.org? We would like to know what is working and what we can do better.
Q24 If you would like to share more with the Community Foundation, please enter your name and contact information so we can connect. (Optional)

<table>
<thead>
<tr>
<th>ANSWER CHOICES</th>
<th>RESPONSES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name</td>
<td>100.00%</td>
</tr>
<tr>
<td>Phone Number</td>
<td>66.67%</td>
</tr>
<tr>
<td>Email</td>
<td>100.00%</td>
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</tbody>
</table>